



International Powerlifting Federation

International Powerlifting Federation Lifters Profile

First Name: _____ **Last Name:** _____

Nationality: _____ **Age:** _____

Bodyweight category: _____

Years in competitive Powerlifting: _____

Career best results

Squat: _____

Bench Press: _____

Deadlift: _____

Total: _____

Title/s held in Powerlifting: _____

Occupation (Job): _____

Hobbies/Interest: _____

Did you know we have a Facebook group page and a Twitter account?



facebook.com/powerlifting.ipf



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